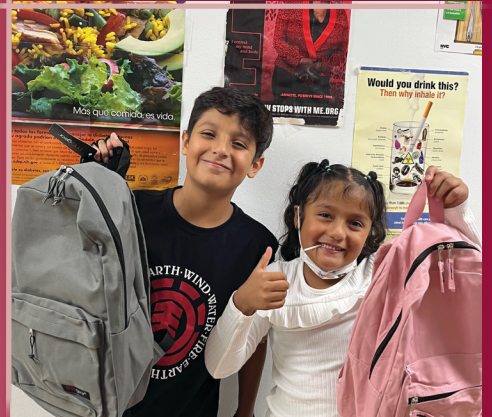




# ANNUAL IMPACT REPORT 2022



## Dear CFH Family,

This past year has been one of growth and positive change for our organization: CFH opened a new Safe Haven and health center on Morris Avenue in the Bronx and brought high-quality health care to over 9,600 unique patients.

What's more, we achieved NYS licensure at two additional health centers and hosted two policy webinars, contributing to the public conversation about solutions to homelessness.

While accomplishing these important goals, our health team also provided essential health care services to hundreds of asylum-seekers who found refuge in New York City, some of whom had not received professional health care in years.

The talented CFH team also continued expanding our efforts to connect with people living on the street and those disconnected from the health care system.

Folks experiencing homelessness have often had negative experiences in traditional medical settings. We need to provide high-quality health care at attractive, service-rich centers. But we also need to be experts at getting patients to use our services. Our peer outreach specialists have lived experience of homelessness and are able to help bridge that gap of uncertainty to cultivate trust. In 2022 alone, these staff helped connect over 2,300 people with medical and behavioral health services they may not have accessed otherwise.

Folks living on the street are at even more of a disadvantage when it comes to accessing care. Our street outreach team meets this need by delivering care directly where their patients are. Since 2016, the program has helped over 450 individuals access suboxone and other treatments for substance use disorder. This has proven to be an essential tool to address street homelessness effectively and compassionately, and it has resulted in many of these clients coming off the streets and into safer settings.

Homelessness in New York City is unfortunately increasing, but the CFH team is energized to bring evidence-based practices to the city's most vulnerable citizens.

In the near future, we will be launching a new shelter and federally qualified health center in East New York, Brooklyn as well as a new safe haven and health center in Lower Manhattan. The services provided at each of these sites will be designed to assist clients in obtaining and retaining stable housing ending their homelessness permanently. We could not be more excited to bring these services to additional communities. You can learn more about them below.

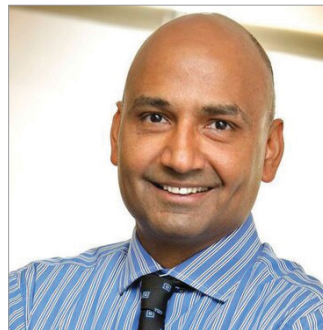
What's more, we will continue to collaborate with elected officials and other government entities to advocate for policies and programs to reduce homelessness.

As always, we are extraordinarily grateful for your support of Care For the Homeless and the work that we do. Partnerships are the most effective tool we have in our work, and we could not be more thankful to have you along on this mission to end homelessness.

Sincerely,

Surjit Chana  
**Chair, Board of Directors**

George Nashak  
**President & CEO**



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## Future Plans

### Liberty Avenue

The Liberty Avenue transitional shelter will be located in East New York, Brooklyn. It will be a 128-bed facility for men with an on-site health center, opening by the end of 2023. CFH was proud to restore an abandoned, historically significant building in the community.

### 91 East Broadway

Our second safe haven will be a 120-bed facility in lower Manhattan. The location was chosen to primarily focus on the street homeless population in the neighborhood. CFH was first motivated to develop a program in the area following the tragic, brutal murders of several people experiencing street homelessness in 2017. Additionally, this facility will also have an on-site health center with a dental program. All health care services will be made available to all in the community in addition to those living on site.

# 1-Year at Morris Avenue

On March 29th, 2022, we cut the ribbon at the Morris Avenue Safe Haven. On that day, we made a promise – to address street homelessness comprehensively and with compassion. That promise was echoed by the many New York City elected officials in attendance including Mayor Eric Adams.

“The opening of the Morris Avenue Safe Haven, and others like it, will provide unhoused New Yorkers a place to live, heal, and be cared for,” Mayor Adams said at the ribbon-cutting ceremony.

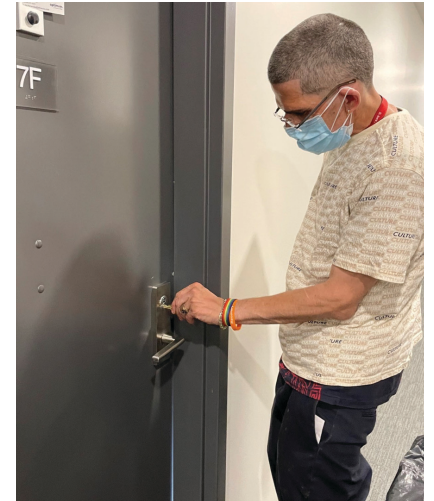
It’s been 17 months since that day and the efforts of our phenomenal staff have made good on that promise, helping many men experiencing street homelessness.

The 80-bed facility offers much more than a bed and shelter from the elements. The on-site social services staff works closely with all residents, connecting them with other services such as behavioral health care and

housing. Our caseworkers, social workers, and housing specialists have already helped dozens of men achieve stable housing. In addition to being talented professionals, the CFH staff at Morris Avenue has achieved success by cultivating trust with the people they work with.

“We do everything together with the client,” says Yeiby Paulino, Director of Social Services. “The client needs to be aware of every step in their process. We go with the client [to appointments] if we need to. We tell them, ‘We are going to be here with you. You are not going to be alone in this whole process.’”

We are confident that the accomplishments of year one will only multiply in the days, months, and years to come. As an example of the impact one site can have, please explore below for one of the most moving stories to come out of the site in 2022. ■



A former Morris Avenue resident opens the door to his new apartment

## Your Support has Helped...

*Selected health care outcomes.*

40+ residents at Morris Avenue attained permanent housing, ending their episodes of homelessness.



445 individuals enrolled in substance use disorder treatments via street outreach since 2016.



2,307 individuals connected with comprehensive medical services via CFH outreach specialists in 2022.



## Mr. B's Journey

Shoes scrape across the slushed-covered ground as their wearers make for taxis and subways. Snow continues to fall as people go about their day working, shopping, or traveling. Meanwhile, others are just trying to stay warm by taking shelter and sleeping wherever they can.

This is how we met Mr. B.

Like so many folks who experience street homelessness, Mr. B was tired. He was tired of living on the street. He was tired of experiencing substance use disorder. He wanted to change. So, when he met an outreach worker in a subway on a cold winter's afternoon, they connected him to our Safe Haven at Morris Avenue. And while there, change was just what he got.

When he arrived, he was immediately provided with health care for a severe case of pneumonia. After he recovered, he expressed a strong desire to achieve sobriety. However, since he would be away from the facility for his rehab, he feared he might lose his bed. Morris Ave staff alleviated those concerns immediately and guaranteed Mr. B his bed would be waiting for him upon his return. Sometime later, Mr. B returned, and having achieved one major goal, he was eager to move on to another – permanent housing.

Mr. B worked closely with his housing specialist Ada and together, they managed to secure an apartment. Finally, at the age of 60 and after nearly 30 years of unstable housing, Mr. B had a place he could truly call home. ■



Mr. B (left) with CFH Operations Coordinator, Justin (right)



Mr. B thanks CFH Housing Specialist, Ada, with a hug

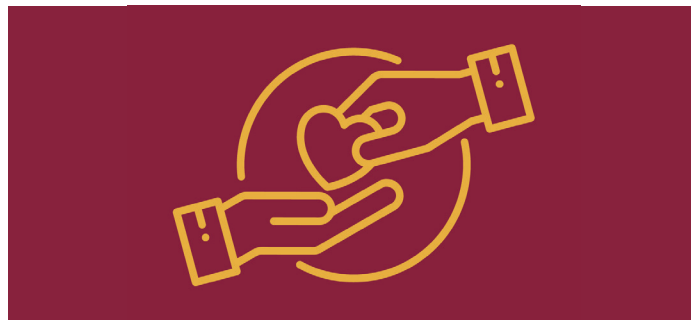


# THE EFFECT OF YOUR DONATIONS

## Chad's Story

Earlier this year, we received notification of a donation from a new donor, Chad. And we noted it was a recurring donation. (FYI: recurring donations can be monthly or quarterly.) When Chad was asked what inspired him to make the monthly gift, his response was inspiring. Here it is in his own words.

"I drove out to NYC from Denver 2 weekends ago and it was pouring rain. I remember that Sunday. 9 hours of driving in heavy rain and heavy traffic. I severely strained my right shin using the foot pedal. I had been limping around downtown and noticed the only other people limping were homeless people and said to my friend, I felt like in my hoodie and jeans I looked like a homeless person struggling around NY. My next thought was that is real for homeless people, they are injured and don't get care. It made it more real for me that instead of feeling bad walking by people asking for money and maybe giving them 5 bucks why not look for a place that helps our homeless get better. A monthly gift felt like enough to give 1 to 2 people care a month. I hope that helps someone. I looked online for "healthcare for the homeless" and found your website. I hope you use the money wisely and people get the care they need."



Yes, Chad, your generous monthly gift is being allocated wisely and supports the high-quality health care our homeless neighbors need and deserve. Thank you. Are you inspired to **"Make Mine Monthly"**? Use the QR code below or go to our website and click on the Donation button at the very top. **Thank YOU!**



## Why In-kind Donations Matter

We were also the grateful recipients of many in-kind items in 2022. In-kind items range from toothbrushes and soap, socks, scarves, t-shirts, underwear and much more. Folks experiencing homelessness have enough on their mind. Donations like this help alleviate some of the undue stress that comes with not having one or more of those items.

In 2022, many compassionate individuals from 28 states came together to donate over 17,000 items. Limited space prevents us from mentioning all our amazing donors here, but we would like to highlight two: the Sikhs of Westchester and the NYU Naughty Knitters Club.

The Sikhs of Westchester have donated several hundred items on a regular basis for over a year now. Their generosity included socks, t-shirts, flip-flops, hygiene items and diapers. Kuljit Anand of the Sikhs of Westchester says, "We are grateful that we are able to help. Having the means to be able to share is truly a blessing."

Additionally, the NYU Naughty Knitters donated over 250+ hand-crafted blankets for babies and children for the 11th consecutive year. Since our partnership began, over 3,000 blankets have been donated!



The NYU Naughty Knitters pose with their handmade donations

We could not be more grateful to all who gave in 2022. Would you like to make an In-kind donation or lead your own drive? Use the QR code here or visit our website and click **'Support CFH!'** Thank you!



# Demographics & Numbers

**PATIENTS  
SERVED  
9,697**

**VISITS  
36,917**

**93%**  
of patients live at or  
below the federal  
poverty line

**29%**  
Uninsured

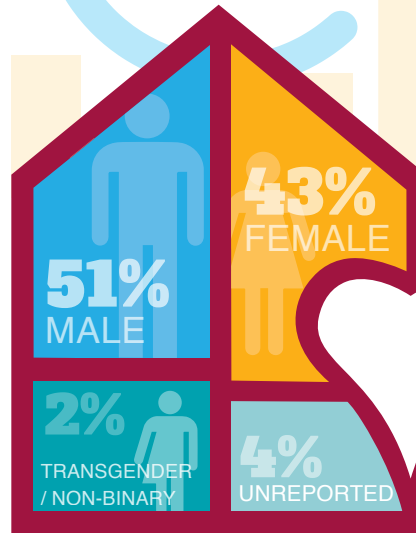
**AGE**

**12%** 0-17  
**88%** 18-85+

**HOUSING  
STATUS**

**10%** Temporary/  
Unstable

**8%** Street/other/  
unknown



**GENDER**

**82%**  
Homeless  
Shelter

## Board of Directors

George Nashak  
**President & CEO**  
Surjit Chana  
**Chair**

Robert L. Heckart  
**Vice Chair**

Judy Tabak  
**Secretary**

Allen Kusinga Rumanyika  
**Treasurer**

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Frances Melendez, PhD  
Jane C. Parker  
Harry K. Thomas, Jr.  
Michael Ziegler, Esq.

**Counsel to the Board**

\*Former Board Chair

## Government Supporters

New York City Department of Health and Mental  
Hygiene/ Public Health Solutions

New York City Department of Homeless Services

New York State Department of Health:  
Indigent Care Pool  
Statewide Health Care Facility  
Transformation Program

U.S. Department of Health and Human Services:  
HRSA, Bureau of Primary Care, Section 330(h)  
Health Care for the Homeless  
HRSA, HIV/AIDS Bureau

## 2022 Partners & Supporters:

Care For the Homeless appreciates your kind  
support and generosity. All individual and  
institutional donors who made gifts to CFH from  
January - December 2022, including In-Kind  
donations and tribute gifts, will be featured on  
our website under the "Who We Are" section.

**Special thanks to  
Mastercard**



## CFH Financials\*

### Revenue and Support

Grants and Contacts:	35,913,081
Patient Services Revenues:	4,177,309
Miscellaneous:	1,445,250
Contributions and Special Events:	694,732
<b>Total:</b>	<b>42,230,372</b>

### Expenses

Program Services:	30,070,220
Supporting Services Management:	5,655,644
Fundraising:	415,026
<b>Total Operation Expenses:</b>	<b>36,140,890</b>
Depreciation and Amortization:	(1,224,506)

### Change in Net Assets - Operations

Change in Net Assets from Operations	3,337,647
<b>Net Assets - end of year</b>	<b>8,202,623</b>

\*These financials represent FY2022. Complete financial  
statements, audited by Mayer Hoffman McCann CPAs,  
are available upon request to Care For the Homeless.





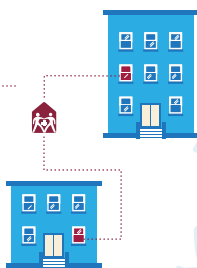
## Making high-quality health care accessible and equitable.

**MISSION** - Care For the Homeless fights homelessness by delivering high-quality and client-centered healthcare, human services and shelter to homeless individuals and families, and by advocating for policies to ameliorate, prevent and end homelessness.

**OUR PARTNERS** - We meet people experiencing homelessness where they are. Health centers are co-located in shelters, soup kitchens, SROs, and drop-in centers, collaborating with nonprofit partners city-wide. This makes high-quality services easier to access for those in need and lowers the costs of delivering care, allowing us to continue expanding across the city.

### CFH Co-Location Service Model

CFH delivers health care at all sites listed and directly manages certain ones as indicated



### Community-Based Health Center (CBHCs)

CBHCs focus on delivering comprehensive and integrated care services at one location. Patients who require different types of services normally need to travel to multiple locations for care. CBHCs reduce that inconvenience and improve access to health care. They are also open access to all members of the community, making their services even easier to access.

#### MANHATTAN

52nd St. Women's Center

ADMINISTRATIVE OFFICES

30th St. Men's Shelter

George Daly House

Peter Jay Sharp Center

St. John's Bread and Life

Care Found Here Junius St.

#### BROOKLYN

Project Hospitality

#### BRONX

Jerome Ave. Men's Shelter

Part Of TheSolution (POTS)

Susan's Place Health Center

Nelson Ave. Family Residence

Jackson Ave. Family Residence

Franklin Women's Shelter

Morris Avenue

Ali Forney Day Shelter

Broadway Presbyterian Church

The Living Room

Valley Lodge

The Senate Hotel

Wards Island Project H.E.L.P. USA

All Angels' Church

### PARTNER LOCATION

- Drop-In Center
- Family Shelter
- Single Adult Shelter
- Safe Haven
- Soup Kitchen
- Street Medicine

### CFH LOCATION

- Community/Open Access Health Center
- Single Adult Shelter
- Safe Haven

#### QUEENS

Jamaica Family Residence

Salvation Army Jamaica Citadel

Laurel Hall Health Center

Bushwick Family Residence

#### STATEN ISLAND

### CORE SERVICES

**EQUITY IN HEALTH CARE** - Homeless New Yorkers suffer disproportionately from poor health. CFH addresses these disparities by delivering high-quality, accessible, and culturally competent health care, regardless of an individual's ability to pay.

#### SHELTER

CFH operates two transitional residences with 320 beds for women with medical complexity and behavioral health conditions and a Safe Haven facility with 80 beds serving street homeless men in the Bronx. We are on track to open three new transitional housing sites in 2024-25. All new CFH shelters will have an on-site health center, reducing the multiple barriers to high-quality and trauma-informed health care for homeless New Yorkers.

**PRIMARY CARE** - Our comprehensive primary care services provide patients with physicals, vaccinations, health screenings, care coordination, and referrals for specialty care when needed.

**PEDIATRICS** - Our pediatric services include health and wellness care, nutrition counseling, age-appropriate immunizations, and episodic illness care. Homeless children are sick four times more often than those who are housed. We help keep them healthy and in school.

**DENTAL CARE** - Oral health is one of the biggest unmet needs for homeless New Yorkers. Our dental program treats the serious impact of poor oral hygiene and trauma and provides patients with oral health education.

**HEALTH MANAGEMENT** - Thousands of patients receive support through education and counseling on heart health, asthma, diabetes, HIV awareness, smoking cessation, health insurance enrollment, and more.

**MENTAL HEALTH & SUBSTANCE ABUSE** - CFH's team of mental health professionals and substance abuse counselors provide holistic care and wellness programming, empowering patients through evaluations, therapy, medication assisted treatment, and group sessions.