January 2019



News from the Front Lines...

2018 was a strong year for Care For the Homeless. So to ring in 2019, we're thanking a few of the many supporters who joined us in our mission to end homelessness!

Also, we're jumping right into the new year with our Annual Pocketbooks for Paps Drive! We hope you can join in and help!

Homeless Persons' Memorial Day 2018



On December 19th, 2018, Care For the Homeless and Urban Pathways observed Homeless Persons' Memorial Day. The annual event is always held on or about the Winter Solstice – the longest, darkest day of the year. This year, the names of 163 individuals who passed away while homeless or unstably housed, were memorialized.

In addition to speakers from CFH and Urban Pathways, the program also featured City Councilmembers Ben Kallos and Carlos Menchaca, Manhattan Borough President Gale

Brewer, and New York State Assembly Member Andrew Hevesi. We were also honored to be joined by the Commissioner of the Office of Temporary Disability and Assistance Samuel Roberts.

At the state level, Assembly Member Hevesi, has long been an advocate for those experiencing homelessness. His **Home Stability Support** plan aims to introduce rent supplements that will keep over 80,000 families who are facing eviction and homelessness in their homes.

[Did You Know: It is well-documented that keeping people in their homes is more cost effective for the city and state, than housing them in the shelter system.]



In his speech, the Assembly Member touched on the senselessness of the issue. "People are dying on the streets who don't have to be dying," he commented. "Just last week I went to a funeral for a man from Ridgewood [Queens] who froze to death. It didn't have to happen."

Care For the Homeless is genuinely grateful to all who made Homeless Person's Memorial Day meaningful. Likewise, we'd like to thank our local elected officials for their consistent commitment to ending homelessness.

Read More

Donor Dossier | Memory Lane's Forget-Me-Not's



Memory Lane's Forget-Me-Nots recently traveled over 330 miles from their hometown of Rimersburg, PA, to donate 150 blessings bags and 174 female hygiene kits to Care For the Homeless.

Team Captain Tina Flick sat for an interview, where she spoke on the project's origins, the power of small town unity, and how you can start your own fundraiser.

Read Her Full Interview

Provider Profile | Dr. Nickisha Berlus



Dr. Nickisha Berlus has been practicing medicine at Care For the Homeless' Bushwick Health Center in Brooklyn, NY, since early November 2018. The Brooklyn native is both happy and proud to be "serving a patient population that helped me become who I am."

Dr. Berlus primarily works with families and individuals who are under-insured or uninsured. In her interview, she details how she came to work for CFH, her connection to her hometown, and the challenges that accompany serving her patient population.

Read Her Full Interview

Help Us Promote Cervical Health!

In observance of Cervical Health
Awareness Month, CFH is hosting
"Pocketbooks for PAPS." The annual
drive encourages clients to take care of
their cervical health by getting a PAP
smear. As a thank you for their
participation, the ladies can choose a
pocketbook or jewelry from the donations
we collect.

Donations are being collected at our 33rd St. office and at **Susan's Place** until



January 24th.

Any questions can be answered by Ilkia Solano or Michael Falcon.

Follow Us on Social Media









February 2019



New Names. New Faces. New Opportunities.

CFH in the Wall Street Journal

Care For the Homeless is proud to be a part of the Collaborative for Homeless Healthcare, funded by the Helmsley Charitable Trust.

Our work with Project Renewal, NYC Department of Homeless Services, and Center for Urban Community Services will continue to increase access to health care for those experiencing homelessness.

Our Executive Director, George Nashak was interviewed by the *Wall Street Journal* for a piece covering this new collaborative.

Click the button below to read the press release announcing the new partnership.

Read More

Click here to read the full article! (If you have a WSJ Subscription)



Meet Vladimir Taub Nurse Practitioner

Vladimir Taub has been practicing medicine with Care For the Homeless for over 2 months. The Rego Park, Queens native is excited to be serving a community he's long called home.

Vladimir works out of the Citadel Open Access Health Center, a location that provides care to any and all who need it. In his interview, he discusses how he came to work with CFH, what he loves about it, and how he's helped his patients.



Campaign for New York Health

This month's policy briefing featured an engaging and insightful discussion of the Campaign for New York Health. The campaign is dedicated to passing universal, single payer healthcare legislation in New York State.

We're grateful to Campaign Director Katie Robbins for taking the time to speak with us on this pressing issue.

Stay up to date on all CFH policy activities! Click the button below to subscribe to the Policy Matters newsletter.

Subscribe to the Policy
Newsletter



OLD

CARE FOR THE HOMELESS

NEW



Name Our Newsletter

Accessible, high quality healthcare is at the heart of our mission. Last year, we refreshed our logo to better reflect that idea.

This year, we're retiring "Front Lines" to choose a new name for the newsletter that illustrates those same values.

Since this letter has always been for you though, we want you to be part of this process.

We've narrowed down our original list to 5 choices.

Click the button below to choose your favorite and help us pick a new name your newsletter!

Pick Your Favorite

Thank you to all who donated to January's Pocketbooks for PAPS drive!

Throughout the month, over **150** women received PAP tests and participated in gynecological health education activities.

Click below to read about the importance of this drive!

Read More



Follow Us @CFHNYC









March 2019

Welcome to the Debut Issue of CFH Insider!

Accessible, high-quality healthcare is at the heart of our mission. Last year, we changed our logo to better reflect that, and now, *because of your help*, we've refreshed our newsletter's name in that same vein.

So, please enjoy the inaugural edition of CFH Insider! This month, we're featuring a group of incredible, young volunteers, a veteran provider, integral, new board members, and more!

Meet Dr. Sherill Purcell

Dr. Sherill Purcell recently celebrated her 28-year anniversary with Care For the Homeless. During her tenure, she has worked with countless patients across New York City.

She currently works out of the Citadel Open Access Health Center in Queens, NY, a site that provides care to any and all who need it.

In her interview, Dr. Purcell focuses on how she builds relationships with her patients and how she gains their trust.



Read Her Full Interview

Welcoming Our Newest Board Members





Please join us in welcoming *Former U.S. Ambassador, Harry K. Thomas* (left) and *Dean of LIU Brooklyn's School of Health Professions, Dr. Stacy Gropack* (right) to the Care For the Homeless Board of Directors.

Read all about their impressive accomplishments and, in their own words, why they're excited to join our team at Care For the Homeless.

Read More



Thank You to Our Volunteers

Students from Rice University in Houston, TX volunteered at Care For the Homeless' Susan's Place Women's Shelter and 33rd Street Offices, as part of Rice's 'alternative spring break' program.

Click below to read interviews with students discussing their trip, their motivations for taking it, and why they care for the homeless.

Read More

Home Stability Support March Policy Briefing

New York State Assemblyman, Andrew Hevesi's Home Stability Support (HSS) legislation takes aim at the housing crisis negatively affecting so many families and individuals across the state. If implemented, HSS will significantly improve the ability for people to find or keep homes.

On Monday, March 11th, representatives from Mr. Hevesi's team visited CFH to lecture on the legislations tenets and potential impact.

Click below to learn more about HSS and how you can help #EndHomelessness.



Read More



February Health Events Recap

Last month, the CFH Population Health Management Team (PHMT) hosted health events at the Susan's Place, Peter Jay Sharp, Jackson, and Springfield health centers.

Events ranged from HIV awareness education and testing to flu vaccine drives and heart health exams.

Over the shortened 28-day month, the PHMT was able to help over 300 people.

Follow Us @cfhnyc









April 2019

Perceptions

Along with providing our patients with high quality medical, mental health, and behavioral health care, Care For the Homeless works to change the path and perception of homelessness.

Our work leads those experiencing homelessness from poor health to good health and helps them foster stability in their lives. Homelessness is a condition, not a characteristic. Conditions can be treated so, in the spirit of our brand refresh and newsletter name change, we're renaming our blog *Perceptions*.

The stories within will change the image of homelessness, highlighting all of its nuances and complexities and break down the many prejudices stacked against it.

Sahira's Story

Sahira came to Susan's Place for a simple check-up. However, she was also struggling with a serious percocet addiction. And although she'd been yearning to tell someone about her condition, the legitimate fear of being judged and stigmatized loomed large.

But, Sahira found her CFH providers trustworthy enough to open up. Click below to read all about her incredible journey!



Read Her Full Interview



New York City native Joy Favuzza has been with CFH for nearly 10 years. In that time, she's made an unmistakable impact on each individual patient she's served including Sahira!

Click below to read all about Joy's background, how came to be at CFH, and how she fosters relationships with her patients.

Read Her Full Interview

Summer Drive 2019

Please join us in supporting this year's Summer Drive! Your donations will help support the needs of so many individuals and families experiencing homelessness in New York City.

The drive lasts from April 15 - June 1.

Click below for more details.

More Details





March PHMT Update

Please join us in thanking our incredible Population Health Management Team!

Throughout March, they saw to it that over 350 individuals were helped through nutrition and HIV/STD education events.

These events were also made possible by our incredible volunteers as well as to the many individuals and organizations who generously donated essential items and products.

Click Here to see the impressive quantity and their impact!







Follow Us @CFHNYC



May 2019

Passion & Drive

Three people. Three journeys. Three goals.

Each individual took a different path and each of them achieved a different outcome. Whether it's providing outreach to those living on the street, overseeing the opening of a new shelter, or just playing the drums, it didn't matter. Each individual brought the same passion and drive throughout their journey.

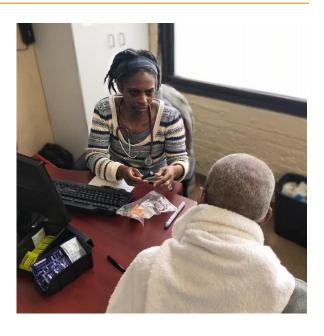
This month, CFH Insider presents three stories about how three individuals overcame, and continue to overcome the challenges presented by homelessness. As always we thank you for your continued support and for helping make stories like these possible!

Meet Dr. Andrea Littleton

Dr. Andrea Littleton has been working with Care For the Homeless for the past 16-years. In that time, she's dedicated herself to street outreach, substance abuse treatment, social medicine, and much more.

Click below to read all about **Dr**. **Littleton's** work and why she's so passionate about what she does!

Read Her Full Interview



Victor's Story

Victor is a lover of his family, his drums, and the Red Rooster Restaurant in Harlem, NY.



3-years ago, **Victor** came to the Living Room/Safe Haven Shelter in the Bronx, looking to put an end to his 25-year heroin addiction.

Click below to read all about Victor's incredible journey and the people who helped him along the way.

Read His Full Interview

CFH COO Ronald Lawson Honored

30 years ago, **Ronald Lawson** found himself homeless. For the past 3, as CFH's COO, he has been an integral member of our mission to bring high quality health care to all our homeless neighbors in NYC.

Please click below to read the article published by Ron's alma mater, The College of the Holy Cross, and read all about his incredible journey.



Read More

Summer Solstice Celebration



CFH Nurse Practitioner Sophie Mallet presenting an award for Cintia Nuin and Robert Medina. Credit: Steve Latimer

Join us Thursday, June 20th, as we, in partnership with Broadway Community, Inc., hold our 6th Annual Summer Solstice Success Celebration, recognizing the "success stories" of New Yorkers who have overcome the incredible obstacles homelessness presents.

Click below to learn more and RSVP!

Learn More

RSVP

Follow Us @CFHNYC









Special Edition

Coming This Week!

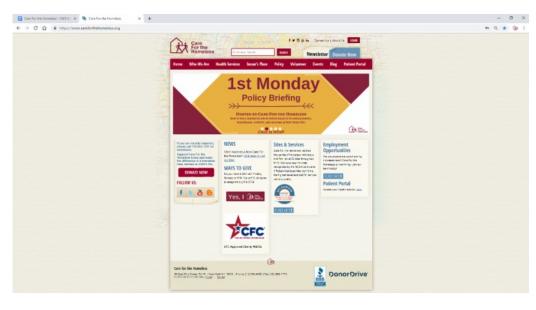
This week is shaping up to be an important and exciting day for Care For the Homeless.

Of course, we'll be hosting our 6th Annual Summer Solstice Success Celebration.

We're also proud to announce the launch of our brand new website!

Scroll through to learn more.

Before...



Check-in on the 21st for the After.

Visit www.careforthehomeless.org on June 20th for:

- A revamped homepage, with clear links to all of the site's pages,
- An all new interactive map, showing all our health centers,
- Redesigned pages that make navigating the site more user-friendly than ever,
- News and Events pages designed to keep you up to date with everything CFH,
- And remodeled donation page that makes giving easier than ever!

Don't Click Until June 21st

(at 3 p.m.)

Join Us for a Night of Celebration



Photo Credit: Steve Latimer

Care For the Homeless (CFH), in partnership with Broadway Community Inc., will host its *6th Annual Summer Solstice Success Celebration* on Thursday, June 20th. The event will be held at Broadway Presbyterian, 601 West 114th Street in Manhattan. Doors open at 4:30 p.m. for a free meal before the main program commences at 5:30 p.m.

Attendance is free.

Join us as we honor those who have risen above their circumstances to overcome the many obstacles presented by homelessness!



Follow Us @CFHNYC









July 2019

This is What Success Feels Like

At the end of June, we hosted our 6th Annual Summer Solstice Success Celebration, where we honored and rewarded individuals and families, who have overcome the challenges of homelessness. In addition, we recognized the skillful work our providers bring to their patients every day.

This month, we're taking a closer look at some of those incredible success stories, as well as highlighting the roles our providers and donors play in them.

Douglas' Story

Douglas began receiving suboxone treatments in 2013 to combat his heroin use disorder. Since then, he has been drug free.

He was recently presented with an award for housing after struggling with homelessness. In his interview, he discusses his journey, the power addiction has over its victims, and his love of music.

Read Douglas' Story



Douglas (Left) with <u>Dr. Andrea Littleton</u> (Right)



Meet Amy Sternhell, Psychiatric NP

Amy Sternhell has been with CFH for over 15 years. In that time she's helped countless patients experiencing depression, anxiety, and other mental health disorders.

In her interview, she discusses her work, why she loves it, and why she thinks mental health is so important - especially for those experiencing homelessness.

What Success Feels Like

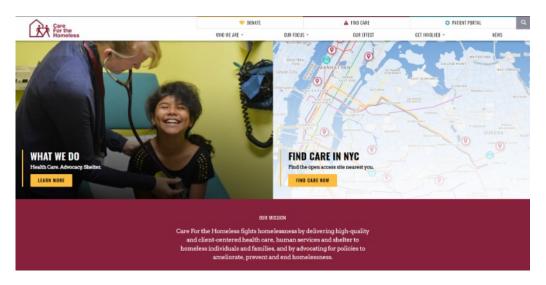
"Success is opening your mailbox and seeing a utility bill bearing your name."

- M.A. Dennis

Mr. Dennis was the winner of this year's Success Story writing contest. He also read his piece aloud, giving a powerful performance that you can watch right now!



Have You Seen Our New Look?



We recently completed a redesign and overhaul of our entire website. New features include:

- A revamped homepage, with clear links to all sub-pages,
- An all new interactive map, showing all our open access health centers and making them easier than ever to access,
- Redesigned pages that make navigating more user-friendly,
- News and Events pages designed to keep you up to date with everything CFH,
- And a remodeled donation page that makes giving easier than ever!

Visit Our Website

Thank You to Our Monthly Donors

Carlos E. Beckford William B. Cassidy Kevin Fagan Mark Gardner Robert Karmen Wayne Kilgard Zuzanna Krzatala Jennifer Rivers

Jean E. Graham Debora L. Jacques

Mark Woollett & Candace Clift

This loyal group gives via our donation page or through their workplace payroll system.

All gifts have an impact and giving is as easy as clicking a button.

Please consider joining this generous group and help us in our mission to end homelessness!

Yes, I Care For the Homeless

Get Involved

Follow Us @CFHNYC for More Stories! Be Sure to Like, Share, and Comment!









August 2019

When Preparation Meets Care

It's a little different from the sentiment you've heard before, but we think it still works. Whether its preparing women and children for their futures or being ready to step in and help a stranger, everything we do at CFH traces back to our namesake.

This summer has been no different.

This month we're:

- · Announcing the opening of our new shelter.
- Highlighting an incredible act of caring, courtesy of two of our dental providers.
- And letting you know how you can get involved and help homeless children.



Angels on a Train

Shirley Rubero (Dental Hygienist) and Stephanie Novas (Senior Dental Assistant) both stepped in to help a women in need.

Click below to read all about these incredible women, their accomplishment, and why they do what they do.

Read the Full Story

We recently opened the doors of our new shelter. The 120-bed facility will house mentally ill and medically frail women, as they work toward improving their health and acquiring permanent housing.

Click below to learn more about our newest initiative and its place in our mission to end homelessness.

our our



Read More

How You Can Help Children Experiencing Homelessness



It's the last month for you to contribute to our Back to School Drive!

You can help by visiting the Staples on 6th Avenue and 20th St.

Your \$10 contribution will buy a fully stocked school supply kit. Kits will be sent to CFH as well as many local schools.

We'd like to thank General Manager, Mike McMurray, for setting up this generous program!

Check for the display upon entering the store!

Thank You College Board!

We'd like to extend a big thank you to our friends at The College Board National Office.

As part of our annual Back to School Drive, they gathered over 100 items. All of which will go towards helping homeless children start their academic year on the right foot.



Learn More About Our Drive

Join Us for a Discussion on the "Trauma of Homelessness"



Join us on Tuesday, October 1st, for a moderated panel discussion on the "Trauma of Homelessness". The panel will explore adverse childhood experiences, street homelessness, family homelessness and much more.

Click below to register and learn more.

Register Here

Follow Us @CFHNYC for More Stories! Be Sure to Like, Share, and Comment!











September 2019

You Can Help End Homelessness

So long summer! Autumn is on its way. And with it comes an opportunity for us to say thank you to our volunteers and great friends like you, for the myriad of ways you make a difference for people experiencing homelessness.

This month we're:

- Thanking and highlighting the great work of our leaders, donors, and providers.
- Jumpstarting our Pocketbooks for PAPS Drive.
- And, letting you know why you should attend our important seminar on the "Trauma of Homelessness."

Thank You Daniel Baldwin

Daniel Baldwin has served on the Care For the Homeless (CFH) Board of Directors since 2012 and was elected as Chair in 2016. After years of dedicated service in his leadership role, he will be stepping down as Chair.

We are genuinely grateful for Dan's contributions and for his dedication to those in need. His work reflects the qualities of all those who join us on our mission to end homelessness.



Dan Baldwin (Right) presenting award to **M.A. Dennis** (Left)

Read More

Meet Betty Lee, RN

Nursing and public health has always been in the cards for Betty. In her interview, she



discusses her background, why she loves the people she works with, and why this is something she plans on doing for many years to come.

Read Her Full Interview

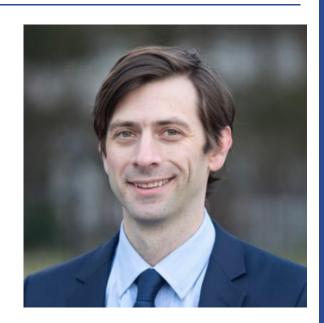
An Important Discussion on "The Trauma of Homelessness"

Join us on Tuesday, October 1st, for an important discussion on the "Trauma of Homelessness". Our panel of experts will explore adverse childhood experiences, street homelessness, family homelessness and much more.

Click below to register and learn more.

A Special Announcement

New York City Councilmember Stephen T. Levin will be speaking at our seminar. CM Levin represents the 33rd District and has long been an ally of those experiencing homelessness.



Register Here



How You Can Help Promote Cervical Health!

The women we serve are experiencing a very difficult period in their lives. You can help us reach more women and empower them, by donating your lightly used or new pocket books and wallets.

When: September 9th - October 18th.

For more information, contact Brian Myers at: bmyers@cfhnyc.org

Learn More

Thank You to All Our Back to School Donors!

Thank you to all who donated to our annual Back to School Drive! Because of their generosity, we were able to gather over 3,000 items for children like **Melastasia** (Left) and **Aiden** (Right).

Thank You to Our Friends at:

Westside Foods, Inc. The College Board & Staples

As Well As:

Mary Savage & Cheryl Rhoda

Donate



Volunteer

Follow Us at @CFHNYC for More Stories and Announcements! Pleaselike, comment, and follow!











October 2019

Announcements, Interviews, and How You Can Get Involved!

It has been an eventful time recently, here at CFH!

We opened another new health center, appointed a new chair of our Board of Directors, received grant funds to implement an essential service, and interviewed the winner of our Health Care Champion award.

We're also still collecting items for our annual Pocketbooks for PAPS drive. Click below to see how you can get involved!

The Health Center at 30th Street is Open

This month, we began delivering medical, mental, and behavioral health services to residents of the 30th Street Men's Shelter and Assessment Site.

Read the Press Release



Meet Dr. Mark Makiling

Dr. Mark Makiling found a second and third home when he became the dentist at Part of the Solution (POTS) and Susan's Place; both in the Bronx. In his interview, he talks about why he loves his work, the connection between dentistry and general health, and how he passes on what he's learned to others.



Congratulations Delise DuPont Blenman

Delise DuPont Blenman has been elected as Chair of Care For the Homeless' (CFH) Board of Directors. In her interview, she discusses her passion for service and her vision for the board.

We thank Delise as she continues to serve in the name of our goal to end homelessness.

Read Her Full Interview



Delise DuPont Blenman (Left), Daniel Baldwin (Center), and George Nashak (Right)

CFH Awarded Grant Funds from the **NYSHealth Foundation**



We recently received an award from the NYSHealth Foundation to implement OpenNotes. The pilot project will help patients access provider notes for their visits, enhancing knowledge about their health and encouraging them to be more engaged in their health care.

We're excited to be among the six organizations chosen to expand this essential service.

Read the Press Release

How You Can Help Promote Cervical Health!

The women we serve are experiencing a very difficult period in their lives. You can help us reach more women and empower them, by donating your lightly used or new pocket books and wallets.

For more information, contact Brian Myers at: bmyers@cfhnyc.org

Learn More!



Follow Us at @CFHNYC for More Stories and Announcements! Pleaselike, comment, and follow!











November 2019

Thank You for Your Support & Generosity

We're grateful for all the support and generosity you've shown us throughout 2019.

In the spirit of this season of thanks, whether it's as adonor, a health care provider, or as part of our community, we're recognizing the benefits of coming together to help others in need as well as inviting you all to an important upcoming event.

Make Mine Monthly



Are <u>you</u> thinking about your year-end charitable giving?

Read **Kevin Fagan's** story about his decision to <u>"make it monthly"</u>. We hope you'll join him and others who give to CFH monthly through our website or their workplace via payroll deduction.

Become a Monthly Donor

Read Kevin's Q&A

Care Found Here - Junius Street Completion of Constrcution

On Thursday, November 7th, Care For the Homeless (CFH) celebrated the completion of construction for Care Found Here – Junius Street. Upon its official opening later this year, the site will be the first of our Community-Based Health Centers

(CBHCs).

Click below to learn more.

Learn More





Meet Judson York, Nurse Manager

Judson has been with CFH for nearly two years. In his interview, he talks about the importance of forging relationships with patients, changing the harmful stigmas surrounding homelessness, and his goals for the future.

Read His Full Interview

Join us at this year's Homeless Persons' Memorial Day

There's still time left to **RSVP** for this year's Homeless Person's Memorial Day. We will honor those who passed away while homeless and advocate for better policies to prevent and end homelessness.

Please join us for what is always a moving service.

The event is free and open to the public.



RSVP

From All of Us, to All of You...

Our wishes for a happy and healthy Thanksgiving holiday.

Follow Us @CFHNYC for More Stories! Be Sure to Like, Share, and Comment!











December 2019

Happy Holidays!

The holiday season is in full swing and all of us at CFHare thankful for our friends who have supported our work this year.

We wish we could feature every single one but as a show of our thanks, we're highlighting just a few!

Have a Happy Holiday Season!

Sincerely,



We Are Not Powerless
By Jane F. Lane

"We Are Not Powerless" describes Jane's journey as a new CFH donor. You can start your own journey today by making a yearend donation.

Read Jane's Story



Thank You Williamsburg

Residents of Williamsburg, Massachusetts came together to create and donate over 175 handmade winter items. All of which are to be distributed to people experiencing homelessness in New York City.



Join us at this year's Homeless Persons' Memorial Day

There's still time left to **RSVP** for this year's Homeless Person's Memorial Day. We will honor those who passed away while homeless and advocate for better policies to prevent and end homelessness.

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Read the Press Release

RSVP

Thank You to All Our Recurring Donors

Carlos E. Beckford William B. Cassidy Kevin Fagan Mark Gardner Jean E. Graham Adam Hadas Debora L. Jacques Robert Karmen Courtenay O'Connor Mark Woollett & Candace Clift

This loyal group gives via our donation page or through their workplace payroll system.

All gifts have an impact and giving is as easy as clicking a button.

Please consider joining this generous group and help us in our mission to end homelessness!

Yes, I Care For the Homeless

Thank You All for Everything You Do!

Follow Us at @CFHNYC for More Stories and Announcements! Please like, comment, and follow!







