



July 2019

This is What Success Feels Like

At the end of June, we hosted our **6th Annual Summer Solstice Success Celebration**, where we honored and rewarded individuals and families, who have overcome the challenges of homelessness. In addition, we recognized the skillful work our providers bring to their patients every day.

This month, we're taking a closer look at some of those **incredible success stories**, as well as highlighting the roles our providers and donors play in them.

Douglas' Story

Douglas began receiving suboxone treatments in 2013 to combat his heroin use disorder. Since then, he has been drug free.

He was recently presented with an award for housing after struggling with homelessness. In his interview, he discusses his journey, the power addiction has over its victims, and his love of music.



Douglas (Left) with [Dr. Andrea Littleton](#) (Right)

[Read Douglas' Story](#)



Meet Amy Sternhell, Psychiatric NP

Amy Sternhell has been with CFH for over 15 years. In that time she's helped countless patients experiencing depression, anxiety, and other mental health disorders.

In her interview, she discusses her work, why she loves it, and why she thinks mental health is so important - especially for those experiencing homelessness.

[Read Her Full Interview](#)

What Success Feels Like

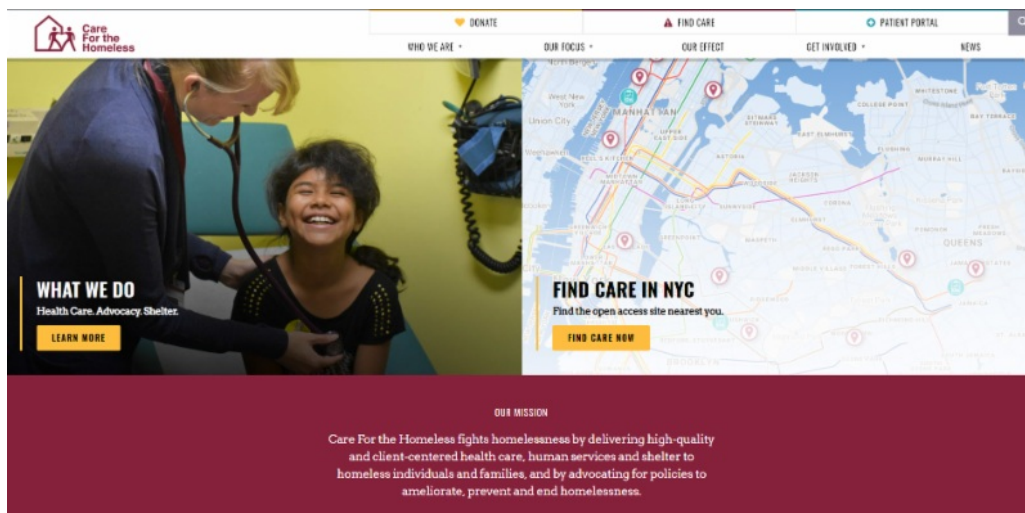
"Success is opening your mailbox and seeing a utility bill bearing your name."

- M.A. Dennis

Mr. Dennis was the winner of this year's Success Story writing contest. He also read his piece aloud, giving a powerful performance that **you can watch right now!**



Have You Seen Our New Look?



We recently completed a redesign and overhaul of our entire website. New features include:

- A revamped homepage, with clear links to all sub-pages,
- An all new interactive map, showing all our open access health centers and making them easier than ever to access,
- Redesigned pages that make navigating more user-friendly,
- News and Events pages designed to keep you up to date with everything CFH,
- And a remodeled donation page that makes giving easier than ever!

[Visit Our Website](#)

Thank You to Our Monthly Donors

Carlos E. Beckford
William B. Cassidy
Kevin Fagan
Mark Gardner

Robert Karmen
Wayne Kilgard
Zuzanna Krzatala
Jennifer Rivers

Jean E. Graham
Debra L. Jacques

Mark Woollett &
Candace Clift

This loyal group gives via our donation page or through their workplace payroll system.
All gifts have an impact and giving is as easy as clicking a button.
Please consider joining this generous group and help us in our mission to end homelessness!

Yes, I Care For the Homeless

Get Involved

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